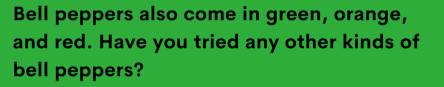
## YELLOW BELL PEPPERS









**Nutrition Facts** 

100 g

25

0%

2%

3%

0%

0% 2%

4%

% Daily Value

1 serving per container

Serving size

Amount per serving

Calories

Cholesterol 0mg

Total Carbohydrate 6g

Dietary Fiber 1g

Sodium 0mg

Total Fat 0g
Saturated Fat 0g
Trans Fat 0g

## PRODUCE PARTICULARS

These peppers are low in calories and a vibrant source of Vitamins C and B6.



Green bell peppers are the same as the yellow, red and orange ones you see; they just haven't ripened all the way yet!



Florida ranks second nationally in bell pepper production, accounting for most peppers eaten in the United States.



	Total Sugars 0g
	Includes 0g Added Sugars
	Protein 1g
	Vitamin D 0mcg
	Calcium 10mg
<b>,</b>	Iron 0.5mg
	Potassium 210mg
	<ul> <li>The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</li> </ul>
	Calories per gram: Fat 9 • Carbohydrate 4 • Protein
	INGREDIENTS: Peppers, Sweet, Yellow, R

FRESHEALTH