

SWEETANGO APPLES



Sweetango apples are a hybrid variety developed from a cross between the Honeycrisp and Zestar apples, combining the best qualities of both varieties!

PRODUCE PARTICULARS

Sweetango apples are known for their unique combination of sweetness and tanginess, making them a favorite among apple enthusiasts.

Like all apples, Sweetango apples are a good source of dietary fiber and vitamin C, which are important for digestive health and immune function.

Nutrition Facts

1 serving per container
Serving size 100 g

Amount per serving
Calories 50

| | % Daily Value * |
|-------------------------------|-----------------|
| Total Fat 0g | 0% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 0mg | 0% |
| Total Carbohydrate 14g | 5% |
| Dietary Fiber 3g | 9% |
| Total Sugars 10g | |
| Includes 0g Added Sugars | 0% |
| Protein 0g | |
| Vitamin D 0mcg | 0% |
| Calcium 10mg | 0% |
| Iron 0.1mg | 0% |
| Potassium 110mg | 2% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

FRESHEALTH