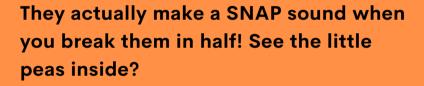
SUGAR SNAP PEAS









PRODUCE PARTICULARS

Sugar snap peas are a great source of complex carbohydrates, offering both fiber and protein. They are low-calorie source of vitamins and minerals like Vitamin C, iron and potassium.



Snap peas are unique because although they're legumes, they are considered part of the protein and vegetable groups.



Nutrition Facts	
1 serving per container Serving size	100 g
Amount per serving Calories	40
% Daily Value *	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 8g	3%
Dietary Fiber 3g	9%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 2.1mg	10%
Potassium 200mg	4%
 The % Daily Value (DV) tells you how nutrient in a serving of food contribut daily diet. 2,000 calories a day is use general nutrition advice. 	es to a
Calories per gram: Fat 9 • Carbohydrate 4 •	Protein 4

INGREDIENTS: Peas, Edible-Podded, Raw

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