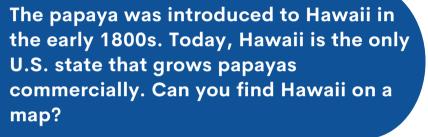
PAPAYA CHUNKS







PRODUCE PARTICULARS

The papaya is a tropical fruit high in vitamins C and A and lycopene which helps keep your heart healthy and strong.



One of the most popular tropical fruits worldwide, papaya is ranked fourth in total tropical fruit production after bananas, oranges, and mango.



Papayas are believed to aid in better digestion, offer immune system support and better heart health. Papaya is also believed to prevent cancer because of its powerful antioxidants.



Amount per serving 45 Calories % Daily Value Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 10ma 0% 4% Total Carbohydrate 11g Dietary Fiber 2g 6% Total Sugars 8g Includes 0g Added Sugars 0% Protein 0a Vitamin D 0mcg 0% Calcium 20mg 2% Iron 0.2mg 2% Potassium 180mg 4% The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. Carbohydrate 4

Nutrition Facts

100 g

1 serving per container

Serving size

