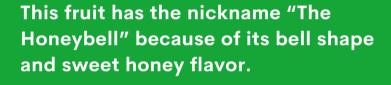
MINNEOLA









PRODUCE PARTICULARS

The Minneola is a cross between a tangerine and a grapefruit. Making it the perfect combination of sweet and tangy!



It is named after Minneola, Florida, where the fruit originated and is abundantly grown.



Minneolas are an excellent source of fiber to stimulate the digestive tract and Vitamin C to strengthen the immune system.



Nutrition Facts	
1 serving per container Serving size	100 g
Amount per serving Calories	45
% Daily Value *	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 12g	4%
Dietary Fiber 2g	8%
Total Sugars 9g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 0.1mg	0%
Potassium 180mg	4%
The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 •	Protein 4

FRESHEALTH