



FRESHEALTH

MAY 2024

THIS MONTH'S THEME:

From Classroom to Kitchen

Get excited, students! School's almost out, and we've got some tasty treats for you! This month, we're mixing things up with some fun, new fruits and veggies, along with some of your all-time favorites.

When you discover a new favorite, like the sweetness of strawberries or the juiciness of kumquats, don't forget to bring that excitement home! Share these delicious finds with your friends and family, maybe even whip up a recipe together. It's a great way to spread the joy of healthy eating and create fun memories in the kitchen.

Enjoy your summer break! 😎



This week's options:

	MON	TUE	WED	THU	FRI
Tropical Blend, 2oz Yellow Grape Tomatoes, 2oz	29	 30	1	 2	SCHOOL LUNCH HERO DAY 3
Kumquat, 50x2oz Carrot & Radish Coins, 50x2oz	 6	7	 8	9	10
Mixed Fruit, 50x2oz Cucumber & Grape Tomatoes, 50x2oz	13	 14	15	 16	17
Strawberries, 50x2oz Daikon Coins, 50x2oz	20	21	 22	23	 24
Black Grapes, 50x2oz Asparagus Spears, 50x2oz	MEMORIAL DAY 27	 28	29	 30	31