

MARCH






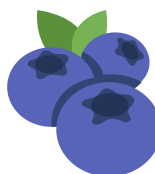

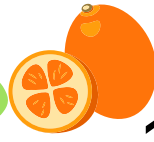
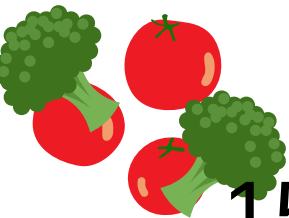


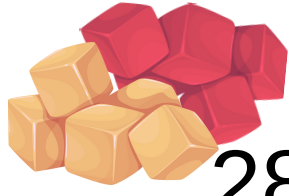
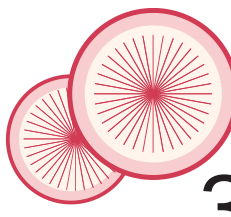
THIS MONTH'S THEME: NATIONAL NUTRITION MONTH

As you know, eating a variety of fruits and veggies is super duper important! Fruits and veggies are packed with vitamins, minerals, and other nutrients that our bodies need to grow and function properly. So remember to eat a rainbow of fruits and veggies every day!

It's time to test out your fruit and veggie knowledge for National Nutrition Month! Can you name a fruit or vegetable for every color in the rainbow? For example, red for apples!



This week's specialty options

	MON	TUE	WED	THU	FRI
Grape Tomato Medley 2 oz Rainbow Cauliflower, 2 oz	 27	 28	1	2	3
Blueberries, 2oz Turnip Wedges 2.5oz	 6	 7	8	 9	10
Kumquat, 2oz Broccoli & Tomato, 2.5oz	 13	14	 15	16	<i>Happy St. Patrick's Day</i> 17
Honeydew Chunks, 2oz Mini Sweet Peppers 2.5oz	20	 21	22	 23	24
Cantaloupe & Watermelon, 2oz Watermelon Radish Coins, 2oz	27	 28	29	 30	31