




THIS MONTH'S THEME:
Spring Harvest

Hello Spring! 

Nature is slowly waking up after the cold winter season and is getting ready for an era of new growth! Aside from the beautiful plants and flowers that will bloom, lots of yummy fruits and veggies will be ready to be picked soon! From crunchy carrots to juicy strawberries, there's lots of colorful and tasty produce items out there ready for you to try. Eating different fruits and veggies is like giving our bodies a superpower boost! They're packed with cool stuff like Vitamin C and fiber that keep us healthy and strong. Dive into a season of yummy fruits and veggies & get excited to experience spring!

This week's options:

	MON	TUE	WED	THU	FRI
Tropical Blend, 2oz Jicama Sticks, 2.5oz	26	 27	28	 29	1
Cantaloupe, Honeydew, Pineapple Chunks, 2oz Romanesco Florets, 2oz	 4	5	 6	7	 8
Sliced Honeycrisp Apples, 2oz Sugar Snap Peas, 2oz	11	 12	13	 14	15
Red & White Grapes, 2oz Baby Carrots & Sliced Red Bell Peppers, 2oz	18	<i>First Day of Spring!</i>  19	 20	21	 22
Cantaloupe & Blueberry Cup, 2oz Broccoli & Cauliflower, 2oz	 25	26	 27	28	29