

# KIKU<sup>®</sup> APPLES



Discovered in 1990 by Italian fruit grower Luis Braun in Italy, the KIKU<sup>®</sup> apple originated from a single branch on an apple tree, which he cultivated to create the trademark variety.

## PRODUCE PARTICULARS

**KIKU<sup>®</sup> brand apples are very exotic, with super sweet taste, attractive striped ruby-red color, crunchy with firm flesh, and very juicy.**

**Like many apples, KIKU<sup>®</sup> apples are rich in vitamin C, which is essential for supporting immune health and overall well-being.**

**These apples can be enjoyed fresh as a snack, sliced in salads, or used in cooking and baking applications such as pies, crisps, and sauces.**

**FRESHEALTH**

### Nutrition Facts

1 serving per container  
Serving size 2 oz (57g)

Amount per serving  
**Calories 30**

% Daily Value \*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 8g 3%

Dietary Fiber 1g 5%

Total Sugars 6g

Includes 0g Added Sugars 0%

Protein 0g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0.1mg 0%

Potassium 60mg 2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Apples, Raw, With Skin