



THIS MONTH'S THEME:

New Year,
New Produce Adventure!

Happy New Year, students!

It's time to set some healthy eating goals for 2024! This year, we encourage students to try a new fruit or veggie, like broccolini or oroblanco, each week or month and share their thoughts with their classmates and friends! By exploring different foods, we're not just discovering delicious fruits & veggies, we're also fueling our bodies with essential nutrients, vitamins, and minerals that keep us healthy. The more new foods we try, the more exciting food becomes!

Let's make 2024 a year of tasty exploration!

This week's options:

SnapDragon
Apple Slices, 2oz
Green Beans, 2oz

Mango Slices, 2oz
Watermelon Radish
Coins, 2oz

Papaya Chunks, 2oz
Yellow Pepper Slices, 2oz

Oroblanco Wedges, 3oz
Snow Peas, 2oz

Cara Cara Orange
Wedges, 3oz
Broccolini, 2oz

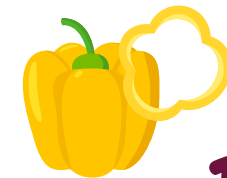
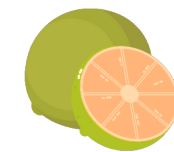
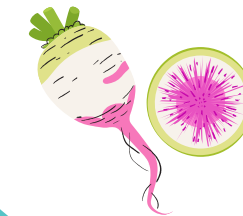
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