

# HONEYCRISP APPLES



When you bite into a Honeycrisp apple, it's like fireworks in your mouth! Their special structure makes them explode with flavor and juice, making every bite super exciting and tasty!

## PRODUCE PARTICULARS

Honeycrisp apples are renowned for their sweet, yet slightly tart flavor. They have a refreshing taste with hints of honey and citrus, making them a favorite for snacking.

Like other apples, Honeycrisp apples are a good source of dietary fiber and vitamin C. They also contain antioxidants, which may help promote overall health and reduce the risk of certain chronic diseases.

### Nutrition Facts

1 serving per container	
<b>Serving size</b>	<b>100 g</b>
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Amount per serving	
<b>Calories</b>	<b>50</b>
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	% Daily Value *
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 14g	<b>5%</b>
Dietary Fiber 3g	11%
Total Sugars 10g	
Includes 0g Added Sugars	0%
<b>Protein</b> 0g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.2mg	2%
Potassium 100mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Apples, Raw, Red Delicious, With Skin

**FRESHEALTH**