GREEN BELL PEPPER STRIPS

Green bell peppers are the most popular type of pepper in the U.S. What another one of your favorite GREEN veggies?

PRODUCE PARTICULARS

Florida ranks second nationally in bell pepper production, accounting for most peppers eaten in the United States.

Green bell peppers are the same as the yellow, red and orange ones you see; they just haven't ripened all the way yet!

These peppers provide Vitamins B6 and C.

Nutrition Facts

1 serving per container

Serving size	100 g

Amount per serving

Calories	20

	% Daily Value *
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 5g	2%
Dietary Fiber 2g	6%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.3mg	2%
Potassium 180mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9   •   Carbohydrate 4   •   Protein 4

INGREDIENTS: Peppers, Sweet, Green, Raw

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