

# CAULIFLOWER & GRAPE TOMATOES!



Did you know that Ohio's official state drink is tomato juice? Ohio has taken the love for tomatoes to a whole new level!

## PRODUCE PARTICULARS

Cauliflower comes in varying colors other than white such as green, purple and orange.



Grape tomatoes grow very quickly compared to other plants—75 days from seed to harvesting.



This vegetable is loaded with vitamins, primarily Vitamins C & K!



### Nutrition Facts

1 serving per container  
Serving size 100 g

Amount per serving  
**Calories** **20**

% Daily Value \*

Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	20mg	1%
Total Carbohydrate	4g	2%
Dietary Fiber	2g	6%
Total Sugars	2g	
Includes 0g Added Sugars		0%
<b>Protein</b>	<b>1g</b>	
Vitamin D	0mcg	0%
Calcium	20mg	2%
Iron	0.3mg	2%
Potassium	270mg	6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Cauliflower, Raw, Tomatoes, Red, Ripe, Raw, Year Round Average

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