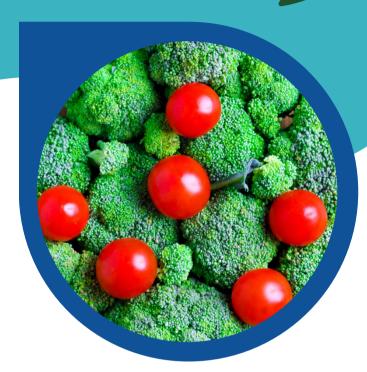
BROCCOLI & GRAPE TOMATOES



Tomatoes are actually fruits- not veggies! The very first tomatoes of this type are thought to have been grown in Southeast Asia.



PRODUCE PARTICULARS

Broccoli is like a superhero food because it's filled with special vitamins and minerals that make our bodies strong and healthy, like Vitamin C, which helps us fight off germs, and Vitamin K, which helps our bones stay super strong!



Grape tomatoes are a good source of fiber, contain Vitamins A, C, and lycopene!



Both are especially high in fiber, an important nutrient that helps keep you full and regulates blood sugar!





Nutrition Facts 1 serving per container Serving size 100 g Amount per serving 30 Calories % Daily Value Total Fat 0g 0% 0% Saturated Fat 0g Trans Fat 0g Cholesterol 0mg Sodium 30mg 1% 2% Total Carbohydrate 6q 8% Dietary Fiber 2a Total Sugars 2g Includes 0g Added Sugars 0% Protein 2g Vitamin D 0mcg 0% Calcium 30mg 2% Iron 0.6mg 4% Potassium 310mg The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for

general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 •