## **THIS MONTH'S THEME: BACK TO SCHOOL!**

Welcome to the new year, students! As you get ready for a new school year, remember the power of fruits and veggies to fuel your mind.

Grab some juicy kiwi slices, or crunch on some colorful mini sweet peppers to get your school lunches started off right! Get creative with your fruits and veggies this year and discover exciting snack ideas!

What are your favorite fruit or veggies to add into your lunches or snacks?



