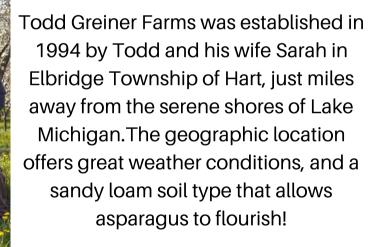
FARM TO SCHOOL Michigan Summer Harvest ASPARAGUS

Todd Greiner Farms







MICHIGAN Asparagus

Todd Greiner Farms - Elbridge Township, MI

FUN FOOD FACTS

- Michigan Asparagus is a well-balanced vegetable that supplies a wide array of nutrients
- They are a good source of potassium, fiber, thiamin, and vitamin B6
- Asparagus take up to three years to grow from seed to harvest!



Fresh-Cut MICHIGAN ASPARAGUS

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